



SHORT-ACTING BETA-AGONISTS

Your partners
in asthma management

Rescue/Relief Medicine



Medicine names: albuterol (brand names Proventil HFA®, ProAir®, and Ventolin HFA®) and levalbuterol (brand name Xopenex®)

Short-acting beta-agonists (bronchodilators) work quickly to relieve acute symptoms of asthma, including coughing, wheezing, chest tightness and shortness of breath. Bronchodilators relax the smooth muscles around the airways, allowing the lungs to open (dilate). Your provider will prescribe a

bronchodilator to use as needed to relieve acute symptoms of asthma.

If your child has symptoms of asthma requiring the use of this medicine more than twice a week, or if he or she is finishing one of these inhalers in a month, talk with your provider. These are signs that your child's asthma is not controlled.



How the medicine works

- Should be given in times of asthma attack or difficulty breathing, NOT as a daily controller medication.
- Relaxes the muscles around the airways to make breathing easier (open/dilate lungs).
- Works quickly to relieve acute attack symptom (coughing, wheezing and difficulty breathing).
- May be prescribed as a "pre-treatment" before exercise to prevent symptoms of shortness of breath.

Available as a metered-dose inhaler or nebulizer solution.

